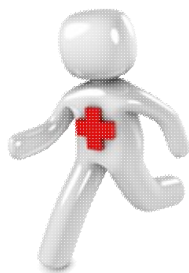


# Injuries and Conditions



**Welcome to the Therapy Specialists of Oklahoma Injury and Conditions Resource.**

We look forward to working with you to reach your goals in health and well being.

This section of our website is designed to provide you with educational information on injuries and conditions.

To explore our educational content, please use the navigation menu.

Our Injuries & Conditions resource is for informational purposes only. Do not diagnose, self treat, or attempt any exercises from the content on this site without contacting Therapy Specialists of Oklahoma, your physician or a qualified specialist first.

At Therapy Specialists of Oklahoma we offer Physical Therapy, Manual Therapy, Exercise, Dry Needling, Core Stabilization, Balance Training, Post-operative Rehabilitation, Sports Rehabilitation, Injury Prevention, Stretching, Strength Training.